

A La Carte Menu









- Three or four small dishes per person served as one course
- · Our small dishes as first course; then some more as second
 - Our small dishes as first course and then followed by one of our pasta or main courses each
- · Remember do not be afraid to ask for more, it's the Spuntini way

We are all familiar with Chinese Dim Sum and Spanish Tapas, at La Vita Spuntini we are happy to introduce to you the Italian Concept 'Spuntini'.

Spuntini is the Italian concept for sharing and is used to describe a leisurely meal comprising of any number of different dishes shared and done by the Italian Bella Figura.

The candlelit atmosphere and friendly staff make this restaurant feel like home. Catering to your every whim, we're talking about little 'anytime' portions of food, drinks and conversation amongst family and friends with various helpings to satisfy your every craving.

La Vita Spuntini invites diners to share in the experience and enjoy the flavour of great Italian cuisine and fine wine. Our food is prepared with attention to detail, passion and most importantly, love. Our extensive menu will have you spoilt for choice – from the freshest pasta to our delicious mini pizzas; our dishes cater for all ages and the most discerning palate. As with all La Vita Restaurants, we also boast a impressive selection of fine wines to be enjoyed by the glass, bottle or by the carafe.

Our large sharing tables recreate the sociable fun of a typical Mediterranean family meal where everyone shares from dishes placed in the middle of the table, smaller sharing tables for two whisper of romance!

A little wine, a little something to eat, an enjoyable evening out, or just about living for the moment and being good to yourself, and we'd like to share it with you.

MARIO & FAMILY WELCOME YOU TO LA VITA SPUNTINI... SMALL IS BEAUTIFUL

















Antipasto FOR TWO SHARING

.£16.45

Crostini Misto.						٠		٠		
Selection of mixed crostini	flar	me	roa	ste	ed,	tor	ma	ito		
bruschetta, salami spread ar	nd	mc	ZZa	rel	la,	qua	att	ro		
formaggio bruschotta none	ror	+		ro	-tir	si d	f,	ant	-	

Spuntini Combo		٠	٠	٠	٠	٠	٠			+	.£18.4
Mozzarella fritta, Alette di	ро	llο,	St	orn	ow	ay	cro	qu	ett	es	
and Polpette formaggio.											

Burrata Grande o	٠						٠	.£19.95
2 halls of croamy burrata moz	7 a r	دالہ-	 nvo	dv	vith	 ır c	wn	marinatod

Italian peppers, sliced cherry tomatoes, homemade pesto, our own golden honey balsamic and thick slices of foccacia.

Crostini, Bruschetta, Pane € Suppa

Pane .					٠		٠	٠		٠	£3.95
Foccacia, Italia											
virgin olive oil a	and b	oalsa	mic v	ine	gar.						

Mixed Pane e Olive	£5.55
Thick home made focaccia and Italian bread slices served	
and the characteristic behavior of the characteristic behavior and a conflict of the characteristic behavior of the characte	

with the best kalamata blac	k olives and nocellara green
olives, served with balsamic	and extra virgin olive oil dip.

Garlic bread toasted like mamm					1.77	
Dizzette focaccia o					£5.25	

Dane Si Aglio £4.55

Pizza base brushed with olive oil, garlic and	
rosemary and pesto with a tomato sugo dip.	

Minestrone o	٠	٠	٠	٠	£5.45
Fresh vegetables in a traditional Italian soup.					

Zuppa Del Giorno	٠	٠	٠	٠	٠	٠	٠		£5.45
Chef's soup of the day.									

Bruschetta •	£6.45
2 Toasted Italian homemade bread drizzled with garlic,	
olive oil, fresh basil and topped with tomatoes.	

Bruschetto	1 Peperonat	a o		•		•		£6.95
2 Toasted Italian	homemade bread	tonne	4 w	i+h	ro	act	ьd	

2 Toasted Italian Homernade bread, topped with roasted	
mixed peppers infused in olive oil and garlic.	

Crostini Piccante	٠	٠			٠						£6.85
2 crusty homemade Italian bread topped with very											

spicy salami spread and mozzarella cheese, flame roasted in our wood stone pizza oven.

Bruschette al Avocabo 🛛 £7.35	uschette	al Avoca	δο ο.				£7.35
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Crisp Italian garlic bread topped with crushed avocado, torn burrata mozzarella & sliced tomatoes drizzled with orgeano, olive oil & sweet balsamic finished with fresh basil.

Verbure € Insalate

Polenta Chips with Parmesan . . £5.45 Crispy polenta chips fried and sprinkled with fine flakes of Parmesan.

Burrata hand Tied Mozzarella £9.7
Delivered from Italy every week directly to La Vita. Hand made
mozzarella basket hand tied, with a soft cream released when
cut open. Served with sliced cherry tomatoes and dressed with
overs virgin alive ail fresh basil lamon zost and balsamis

Asparagi Alla Griglia o	٠		٠	£5.45
Grilled asparagus sprinkled with sweet				
balcamic and Darmocan chavings				

Spezzatino Con	Osive e Peperoni o .	£6.25
Italian stow with mixed n	onners and olives in a hasil tomate	SUITO

Mesenzane e Zucchine Parmigiana o	٠	£6.75
Aubergine and courgette layered with mozzarella,		
tomato and grated Parmesan oven roasted		

Insalata di Cesare	£6.45
Italian caesar salad with egg, anchovy, garlic,	
croutons and capsar drossing	

Italian Potato and Leek Gratin	£6.45
Thinly sliced potato cooked in a béchamel sauce with Parmesan,	LA VITA SEGNATURE DESSE
garlic and thinly sliced leeks. Oven baked for you to enjoy.	- Dess

Mozzaressa fritta o				٠	£5.95
Fresh Fiori di Latte mozzarella direct fro					
Panko breadcrumbs, served with spicy a	rrabi	iata (dip.		

Pacco Ripena o			٠				٠	٠		£6.95
Stuffed thin focaccia bread with sautéed spinach and mozzarella										
cheese brushed with extra virgin olive oil and fresh rosemary										
with Parmesan crust, oven baked and served with Napoli dip.										

Rugola e Parmigiano o	٠	٠	٠	£5.55
Rocket salad marinated with olive oil and chilli				, , , ,
topped with Darmosan shavings and balsamin				

Patate Arrosto 💿	•	٠	٠	•	•	٠	٠	•	•	£5.55
Roast potatoes with herbs tos										

Arancini formaggio o	£5.95
Deep fried balls of risotto rice and Napoli sauce stuffed with	
mozzarella cheese coated in breadcrumbs served with dip.	

Insalata Wiste Italian mixed salad with							٠	٠	*	£4.95
french fries o	٠	٠	٠	٠						£5.65

Thin cut potato chips deep fried	in vegetable oil.
Croquettes Italiano	• £5.45

Home made potato croquettes with cheese from Italy served with a spicy tomato dip. Truly fantastic!

Chiacchiere • £9.95 Salted doughsticks served with Italian Burrata and bruschetta tomatoes dressed all over. Sprinkled with rock salt.

Vegetarian **V** Please inform your waiter of any allergies. We can supply an information folder sharing all of the ingredients of each dish and if it may affect any of the 14 food allergens.



Why not try our own unique signature dishes?





6" SMALL NEAPOLITAN PIZZA COOKED IN OUR 'MAM' HANDMADE WOOD BURNING PIZZA OVEN WITH WOODEN LOGS

21) argherita	£5.95	Amore Pepperoni sausage, mascarpone cheese, roasted red peppers on a bed of tomato sauce with a	£7.25
Italiano	£7.35	touch of pesto! What can you say? Fantastic! 21ew York	£7.25
San Daniele	£8.95	Italian meatballs and spicy Italian sausages served on a bed of tomato and topped with 100% mozzarella cheese.	
with Parmesan shavings on a bed of tomato sauce. Depperoní Duo. Spicy pepperoni sausage and mixed peppers on a base of tomato sauce and 100% shredded mozzarella.	£6.75	Americano	£7.75
Al 200 onte A thin base pizza with basil pesto, goats cheese, courgette and Parmesan shavings.	£6.45	Quattro Stagioni	£6.45
All Rosso	£6.75	Baby Calzone A traditional stone baked calzone pizzetta, stuffed with black pudding, onions and ham. topped with mozzarella cheese.	£7.55
Spicy pepperoni sausage with Stornoway black pudding on a base of mozzarella cheese and tomato sauce.		Carne Italiano	£8.25
Verbure •. San Marzano sugo topped with roasted peppers, courgettes, aubergine and jalapeños, sprinkled with mozzarella cheese.		Fiori di Late mozzarella cheese finished with pine nuts.	
		Salsiccia	£7.95
Salsiccia e Cipolle	an	pizza sauce, topped with Fiori di Latte Mozzarella cheese and drizzled with honey.	Dean
Dí Roma	£8.75	Calabría	£8.95

Speciality Pizzas

12" WOOD FLAMED THIN CRUST ITALIAN PIZZAS, MADE WITH SAN MARZANO TOMATO SAUCE AND BURRATA IMPORTED MOZZARELLA CHEESE. "THE BEST MOZZARELLA CHEESE YOU WILL EVER TRY!"

With crumbled Italian sausage and sliced pepperoni.	
Dízza San Díetro £18.95 With chicken breast and wild field mushrooms.	

Pizza Picinisco	٠	*	٠	٠	٠	٠	.£18.75
With sliced beef and red chillies.							















Tapas Pasta and Risotto

PICK YOUR PASTA SHAPE

	7
CASARECCE	









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BLICATINI	

CASARECCE SPAGHETTI PE	NNE MAFALDINE BUCATINI
Affreso • £7.95 Butter, cream, Parmesan and black pepper.	Elio's Marry Me Dasta £8.45 Sun dried tomatoes, chicken, onion, mixed peppers with La Vita's three oils and fresh cream with a touch of
Domasoro Con Mozzarella Pearls . £7.95 Ripe plum tomato and herb sauce topped	Parmesan and Fiori di Latte Mozzarella cheese. Alessio's £8.95
with creamy mozzarella pearls. Wia Casa £8.45 La Vita's very own best seller; chunks of chicken,	Bacon and chicken cooked in our famous Romana sauce with Parmesan drizzled on top.
broccoli, mushroom, garlic, cream and hint of chilli.	Spagnolo £8.95 Pepperoni sausage and chorizo topped with melted mozzarella cheese.
Carbonara £7.95 A classic cream and herb sauce with strips of succulent bacon.	Xísotto Con Salsíccía £7.95 Italian sausage meat pan fried with peas in an olive oil,
Cozze PomoSoro £7.95 Fresh deep sea mussels cooked in a tomato,	butter, cream and Parmesan sauce, topped with crispy fried onions. (Can't change from risotto on this dish).
Arrabiata Con Pollo £8.95 A hot and spicy tomato sauce cooked with chicken, chillies and fresh basil leaves.	Ravollini Del La Wamma £7.95 Mini meat ravioli squares tossed in a cream Parmesan sauce with Garlic, Prosciutto Cotto, white onion and peas, topped with grated Parmesan. (Can't change pasta shape on this dish).
Polipette £7.95 Italian meat balls made to our own recipe in a rich San Marzano sugo sauce.	Lasagne £7.45 A classic of La Vita Spuntini pasta sheets with meatballs, Napoli and béchamel sauce. (Can't change pasta shape on this dish).
Norcina £8.45 Crumbled Italian sausage, fresh cherry tomatoes and wild mushrooms in a light cream sauce finished with rocket and fresh basil.	Bolognese £7.45 Classic pork and beef ragu.
Pesce E fr	utti Di Mare
Calamarí fritti £6.95 Squid rings tossed in seasoned flour deep fried and served with a wedge of fresh lemon and garlic mayonnaise dip.	Cozze vapore (please allow 15mins to cook) £6.95 Fresh west coast mussels in a traditional Italian tomato herb sauce or white wine cream sauce with chilli.
Cooa of Rospo e Calamarettí £7.95 Baked monkfish and baby squid with tomato and touch of chilli sugo sauce.	for Chilli Gamberetti £9.85 King prawns in a chilli garlic lemon juice and spring onions served on a bed of home made toast.

Italian Baked Eggs

SERVED IN FRYING PAN WITH CRUSTY GARLIC BREAD

The Sicilian.					£13.95
2 eggs oven baked in ou					
beans, onion, touch of	chilli an	d San A	∧arzano	tomato	es.

Cacciucco. £8.15

Mixed seafood Italian stew slowly cooked in a San Marzano sauce with fresh basil and red chilli.

The Vegetariana £13.75 2 eggs oven baked in our casserole of roasted Mediterranean vegetables, borlotti beans, onion, touch of chilli, pesto and cooked in a rich tomato sauce.



2 eggs oven baked in our casserole of crumbled Italian sausage, pepperoni sausage and spicy beef chunks with borlotti beans, touch of chilli cooked in a San Marzano tomato sauce.

beans, touch of chilli, pesto and cooked in a rich tomato sauce.

The Pescatore £16.95 2 eggs oven baked in our casserole of mixed seafood, borlotti







Carne & Posso

Italian Scotch €gg	LAVITA	19000 Carbinal	£8.25
Italian Beef Stew Chunks of beef pan fried with mixed peppers and a touch of chilli, San Marzano tomato sauce on Italian roast potatoes.		Polpette Formaggio	£6.25
Pork 3elly	£7.15	Alette Sí 19010	£6.25
Spezzatino & 1908 con 19asta fritta Diced chicken breast and vegetable in Italian spicy stew served with fried dough sticks.	£7.45	Coniglio Cacciatora	£8.45
Stornoway Croquettes	£7.15	Pate Della Casa Fresh chicken liver cooked with onion, sweet Italian wine blended until smooth served with homemade chutney and Scottish oatcakes.	£6.45
Salsiccia Ucelletto	£6.45	Italian Spring Roll	£7.45
Arancíní Dí Manzo	£5.95	fíletto Al Depe. £ . 4oz fillet steak cooked medium, sliced on a bed of creamy peppercorn sauce and dressed with spicy Italian rocket.	12.95
Costolette D'Agnello	£9.10	Carbonara Muggets	£8.95
Anatra al Mero	£8.65	Deep fried pocket of dough stuffed with	£8.95
Schiacciata Si Dollo	£7.65	Mortadella and Fiori Di Latte Mozzarella and fresh pesto, served with a garlic mayo dip.	Dan
Fríttata con Depperoní e Datate Italian pepperoni sausage and sliced potato frittata.	£6.25	Oxtaíl Toscana	£8.95



Why not try our own unique signature dishes?









Grande Pasta E Kiso

A BOWL OF PASTA PLACED IN THE MIDDLE OF THE TABLE TO SHARE. PLEASE FEEL FREE TO ASK FOR A DIFFERENT PASTA SHAPE IF YOU WOULD LIKE.

Market Pasta.............£16.95

Handmade special pasta created by our chefs, changes weekly - see server for details.

Pennette Salsíccia £	1
Italian crumbled sausage and sliced pepperoni sausage pan	
fried with pesto and garlic tossed in a Romano sauce of	
tomato and cream mixed with De Cecco penne pasta.	
Casarecce Rosso £	1
Red pesto and mascarpone cheese sauce served with rocket	ar
fresh Parmesan cheese mixed with twisty De Cecco pasta	

3.95

Pennette Mia Casa	.£14.95
La Vita's very own best seller; chunks of chicken,	LA VITA Socnature Desi
broccoli, mushroom, garlic, cream and hint of chilli.	Signature Dish
Pennette Arrabbiata o	.£12.95

A hot and spicy tomato sauce, cooked with chillies and fresh basil leaves.

Spaghetti Gamberetti			٠	٠	٠	٠	.£19.9
Olive Pepperoncino							
King proup pap fried in garlie shilli	 اا	i+.					

and olive oil tossed in a thin long pasta.

Bucatini Polpette	.£13.25
Italian meat balls made to our own recipe in	
a rich San Marzano sugo sauce.	

Bucatini Cozze.....£14.95 West coast mussels sautéed in a spicy tomato sauce with a touch of pesto, garlic and fresh chillies, tossed with De Cecco bucatini pasta.

Pennette Spuntini £14.75 Italian sausage, pine nuts, olive oil, wild mushrooms, fresh garlic and sun dried tomatoes, finished with

balsamic vinegar. Denne Diavolo al forno £14.45 Spicy pepperoni sausage and sliced Italian sausage, with

béchamel cheese sauce and tomato, oven baked Casarecce formagaio e Basilico . . .£14.25 Pasta twists tossed in frying pan with a Italian cheese sauce topped with a spray of pesto on top.

Posso Carbonara £18.95 Breaded chicken butterflied and served on a bed of pasta

noodles, topped with a rich cream sauce with bacon Risotto Con Cozze e Gamberetti. . .£18.95 Italian rice cooked with fresh herbs and onions, tossed with fresh west coast mussels and black tiger prawns in a garlic, red chilli, cream and tomato sauce.

Ravioli Rafael £15.95 Meat ravioli baked in a creamy pesto sauce and finished with cherry tomatoes, please try this and you'll never go on a diet again! Guaranteed.

Spaghetti frutti Si Mare £19.95 al Domosoro or al Bianco

Fresh seafood cooked in a lightly spiced tomato sauce for a delicate flavour or a white wine herb cream sauce.

Lobster Ravioli £19.95 Direct from Italy this homemade ravioli filled with lobster and served with a Napoli cream sauce with a touch of chilli to give it a little kick, garnished with a dressed rocket salad.



Risotto Monte Verde. £15.95 Chunks of chicken, courgettes, spinach, garlic, Parmesan cheese and cream.

Mafassine Abruzzo • £13.95 Long ribbons of pasta tossed with fresh cherry tomatoes, garlic, extra virgin olive oil and butter with plenty of chilli flakes and finished with peppery rocket (a spicy hot pasta).

Dennette Con Mortadella £15.95 Pennette pasta cooked with pan fried mortadella

con pistachio in a creamy carbonara sauce finished with a sprinkle of pine nuts, parmesan, and mozzarella cheese tossed and served to enjoy.

Spaghetti Sorrento. £14.95 Pan fried chunks of chicken with onions tossed in a garlic, lemon and cream sauce. Finished with parmesan and burrata mozzarella.

Spaghettí Verde € Rosso • £14.95 Spaghetti pasta cooked in our own homemade creamy pesto sauce with strips of sundried tomatoes topped with fresh burrata from Puglia drizzled on top.

Ravioli Ricotta Cheese and Spinach . £16.95 Ricotta cheese and spinach filled pasta squares in an egg fresh pasta is one of the most well known in Italy. Tossed in a San Marzano and cream sauce with spinach, mixed peppers and pan fried with garlic and chilli.

Gnocchi Salsiccia. £16.95 Italian potato parcels tossed in a butter cream sauce with sauteed mushrooms, leeks and spicy Italian sausage, dressed with chopped fresh basil.

Ravollini Del La Mamma £16.45 Mini meat ravioli squares tossed in a cream Parmesan sauce with Garlic, Prosciutto Cotto, white onion and peas, topped with grated Parmesan.

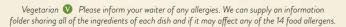
Elio's Marry Me Pasta £14.95 Sun dried tomatoes, chicken, onion, mixed peppers with La Vita's three oils and fresh cream, tossed with mafaldine (long wide ribbons) pasta with a touch of Parmesan and Fiori di Latte Mozzarella cheese.

Bucatini Con Verdure € Vongole . .£20.95 Clams deshelled and cooked in a white wine and garlic sauce, with ribbons of carrots, courgette and a touch of chilli, tossed with long pasta.

Mafaldine Montecarlo. £16.95 Long thick curly ribbons of pasta tossed with chicken, mushrooms, onions and mixed peppers, with garlic, olive oil, white wine and cream sauce, with a touch of San Marzano tomato sauce.

Risotto Con Salsiccia £16.95 Italian sausage meat pan fried with peas in an olive oil, butter, cream and Parmesan sauce, topped with crispy fried onions.











PLEASE NOTE THAT ALL DISHES BELOW ARE SERVED AS A MAIN COURSE FOR 1 PERSON

Bistecca Al forno

Scotch filleto Spuntini
Porcetta
Oxtaíl Grande
Surf and Turf
Also sauce available on the sibe: Barolo wine sauce, peppercorn cream sauce or wild mushroom cream sauce. All £2.50 each.
barolo wine sauce, pepperconi creani sauce or wild mustirooni creani sauce. Ali £2.50 each.
Posso Al forno
Pollo Calabrese
Pollo Milanese.
Pollo Saltímbocca
1908o Spuntíní
Pesce Al Forno
Sea Bass
and spring vegetables, finished with lemon and pesto.
Salmone Spuntíní
Branzino Scozzese
Branzino Romana
Cozze Vapore Piatto Granse













La Vita Spuntini - City Centre

40 Gordon Street, Glasgow G1 3PU

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La Vita Spuntini - West End 199-201 Byres Road, Glasgow G12 8TN

0141 339 4222

La Vita City Centre

161 Queen Street, Glasgow (corner George Square) G13BJ

0141 248 3533

La Vita Bishopbriggs 185-187 Kirkintilloch Road,

Bishopbriggs G64 2LS

0141 772 1333

La Vita Piccolino e Vino

273-275 Mearns Road, Newton Mearns G77 5LU

0141 639 5050

La Vita Barrachnie - East End

175 Baillieston Road, Glasgow G32 oTN

0141 729 9300



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