

A La Carte Menu









- Three or four small dishes per person served as one course
- · Our small dishes as first course; then some more as second
 - Our small dishes as first course and then followed by one of our pasta or main courses each
- · Remember do not be afraid to ask for more, it's the Spuntini way

We are all familiar with Chinese Dim Sum and Spanish Tapas, at La Vita Spuntini we are happy to introduce to you the Italian Concept 'Spuntini'.

Spuntini is the Italian concept for sharing and is used to describe a leisurely meal comprising of any number of different dishes shared and done by the Italian Bella Figura.

The candlelit atmosphere and friendly staff make this restaurant feel like home. Catering to your every whim, we're talking about little 'anytime' portions of food, drinks and conversation amongst family and friends with various helpings to satisfy your every craving.

La Vita Spuntini invites diners to share in the experience and enjoy the flavour of great Italian cuisine and fine wine. Our food is prepared with attention to detail, passion and most importantly, love. Our extensive menu will have you spoilt for choice – from the freshest pasta to our delicious mini pizzas; our dishes cater for all ages and the most discerning palate. As with all La Vita Restaurants, we also boast a impressive selection of fine wines to be enjoyed by the glass, bottle or by the carafe.

Our large sharing tables recreate the sociable fun of a typical Mediterranean family meal where everyone shares from dishes placed in the middle of the table, smaller sharing tables for two whisper of romance!

A little wine, a little something to eat, an enjoyable evening out, or just about living for the moment and being good to yourself, and we'd like to share it with you.

MARIO & FAMILY WELCOME YOU TO LA VITA SPUNTINI... SMALL IS BEAUTIFUL

















Antipasto

FOR TWO SHARING

Crostíní Wisto £16.45 Selection of mixed crostini flame roasted, tomato bruschetta, salami spread and mozzarella, quattro
formaggio, bruschetta peperonata, crostini di fegato. Spuntini Combo £18.95 Mozzarella fritta, Alette di pollo, Stornoway croquettes and Polpette formaggio.
2 balls of creamy burrata mozzarella served with our own marinated Italian peppers, sliced cherry tomatoes, homemade pesto, our own golden honey balsamic and thick slices of foccacia.
Crostini, Bruschetta,
Pane € Suppa Pane ● £3.95 Foccacia, Italian bread sliced served with extra virgin olive oil and balsamic vinegar.
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Pane Sí Aglio £4.55 Garlic bread toasted like mamma used to make.
Dízzette focaccía £5.25 Pizza base brushed with olive oil, garlic and rosemary and pesto with a tomato sugo dip.
Winestrone ♥ £5.45 Fresh vegetables in a traditional Italian soup.
Suppa Del Giorno £5.45 Chef's soup of the day.
Bruschetta ⊙ £6.45 2 Toasted Italian homemade bread drizzled with garlic, olive oil, fresh basil and topped with tomatoes.
Bruschetta Deperonata • £6.95 2 Toasted Italian homemade bread, topped with roasted mixed peppers infused in olive oil and garlic.
Crostíní Diccante £6.85 2 crusty homemade Italian bread topped with very spicy salami spread and mozzarella cheese, flame roasted in our wood stone pizza oven.
Bruschette al Avocaso £7.35 Crisp Italian garlic bread topped with crushed avocado, torn burrata mozzarella & sliced tomatoes drizzled with orgeano, alive oil & sweet halamin finished with fresh haril

olive oil & sweet balsamic finished with fresh basil.

Verdure € Insalate

Posenta Chips with Parmesan . . £5.45

Crispy polenta chips fried and sprinkled with fine flakes of Parmesan.
Burrata Band Tied Mozzarella £9.75
Delivered from Italy every week directly to La Vita. Hand made
mozzarella basket hand tied, with a soft cream released when
cut open. Served with sliced cherry tomatoes and dressed with

extra virgin olive oil, fresh basil, lemon zest and balsamic.

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Asparagi Alla Griglia o			•	£5.45
Grilled asparagus sprinkled with sweet				
balsamic and Parmesan shavings.				

Spezzatino Co	n Olive	e Peperoni	ͺ.	£6.25
Italian stew with mixed	nenners and	olives in a basil to	mato	SLIGO

Mesenzane e Zucchine Parmigiana o.	٠	£6.75
Aubergine and courgette layered with mozzarella,		
tomato and grated Parmesan oven roasted.		

Insalata Si Cesare	٠	٠	٠	£6.45
Italian caesar salad with egg, anchovy, garlic,				
croutons and caesar dressing.				

Italian Potato and Leek Gratin o	£6.45
Thinly sliced potato cooked in a béchamel sauce with Parmesan,	LA VITA SEGNATURE DESSE
garlic and thinly sliced leeks. Oven baked for you to enjoy.	- Desse -

Mozzarella fritta 💿	£5.95
Fresh Fiori di Latte mozzarella direct from Italy coated with	
Panko breadcrumbs, served with spicy arrabiata dip.	

Pacco Ripena O £6.95
Stuffed thin focaccia bread with sautéed spinach and mozzarella
cheese brushed with extra virgin olive oil and fresh rosemary
with Parmesan crust, oven baked and served with Napoli dip.

Rugola e Parmigiano o	£5.55							
Rocket salad marinated with olive oil and chilli								
topped with Parmesan shavings and balsamic.								
Patate Arrosto 💿	£5.55							

Arancini formaggio o £5.95
Deep fried balls of risotto rice and Napoli sauce stuffed with
mozzarella cheese coated in breadcrumbs served with dip.

Roast potatoes with herbs tossed in a garlic Napoli sauce.

Insalata Miste	V			٠	٠	٠	٠		٠	٠		£4.95
Italian mixed salad with												
french fries o	٠	٠	٠	٠	٠	٠	٠		٠	٠	٠	£5.65

Thin cut potato chips deep fried in vegetable oil.
Croquettes Italiano £5.45
Home made potato croquettes with cheese from Italy
served with a spicy tomato dip. Truly fantastic!

Chiacchiere .		£9.95
Salted doughsticks served	with Italian Burrata	and bruschetta
tomatoes dressed all over.	Sprinkled with rock	salt.

Vegetarian \mathbf{V} Please inform your waiter of any allergies. We can supply an information folder sharing all of the ingredients of each dish and if it may affect any of the 14 food allergens.



Why not try our own unique signature dishes?







Pizzette

6" SMALL NEAPOLITAN PIZZA COOKED IN OUR 'MAM' HANDMADE WOOD BURNING PIZZA OVEN WITH WOODEN LOGS

2Nargheríta • £5.95 A thin base pizza topped with tomato and mozzarella cheese.	Amore £7 Pepperoni sausage, mascarpone cheese, roasted red peppers on a bed of tomato sauce with a	25
Italiano £7.35	touch of pesto! What can you say? Fantastic!	
Crumbled Italian sauasage & pepperoni sausage on a thin base pizzette pizza with sprinkled mozzarella.	Them York £7.: Italian meatballs and spicy Italian sausages served	25
San Daniele £8.95 Thinly sliced San Danielle Parma ham rugola salad topped with Parmesan shavings on a bed of tomato sauce.	on a bed of tomato and topped with 100% mozzarella cheese.	
man armesan sharings on a sea or contacts stated.	Americano £7.	7 5
Depperoní Duo	Pepperoni sausage and mascarpone on a stonebaked pizza with Italian San Marzano pizza sauce, Fiori di Latte Mozzarella cheese and drizzled with honey.	·*
Al Monte	Quattro Stagioni £6. Mushrooms, mixed peppers, onions and pepperoni sausage topped with 100% shredded mozzarella.	45
All Rosso £6.75 Pizza base with red pesto, red onion and cherry tomato with mozzarella cheese.	Baby Calzone £7.4 A traditional stone baked calzone pizzetta, stuffed with black pudding, onions and ham. topped with mozzarella cheese.	55
Spicy pepperoni sausage with Stornoway black pudding on a base of mozzarella cheese and tomato sauce.	Carne Italiano £8.: Neapolitan pizza base with mortadella with pistachio nuts, Italian meatballs & Italian pepperoni sausage on a bed of San Marzano tomato sauce topped with	25
Verbure •£6.75 San Marzano sugo topped with roasted peppers, courgettes,	Fiori di Late mozzarella cheese finished with pine nuts.	
aubergine and jalapeños, sprinkled with mozzarella cheese.	Salsiccia £7.	95
Salsíccía e Cípolle £6.95 Hand made Italian sausage and thinly sliced red onion with San Marzano tomato sauce, sprinkled with 100% shredded mozzarella.	Crumbled Italian sausage with chorizo on a bed of pizza sauce, topped with Fiori di Latte Mozzarella cheese and drizzled with honey.	
Dí Roma £8.75 Mascarpone cheese and Parma ham, on a thin base pizzette pizza with tomato sauce.	Calabría	95

Speciality Pizzas

12" WOOD FLAMED THIN CRUST ITALIAN PIZZAS, MADE WITH SAN MARZANO TOMATO SAUCE AND BURRATA IMPORTED MOZZARELLA CHEESE. "THE BEST MOZZARELLA CHEESE YOU WILL EVER TRY!"

Dízza Cassino £18.95 With crumbled Italian sausage and sliced pepperoni.	
Dízza San Díetro £18.95 With chicken breast and wild field mushrooms	

Dizza Picinisco	٠	٠	٠	٠		.£18.95
Vith sliced beef and red chillies.						















Tapas Pasta and Risotto

PICK YOUR PASTA SHAPE

PICK YOUR PA	STA SHAPE
CASARECCE SPAGHETTI PENNE	MAFALDINE BUCATINI
Alfredo £7.95 Butter, cream, Parmesan and black pepper. Domadoro Con Mozzarella Pearls . £7.95	€lio's 2Narry We Pasta £8.45 Sun dried tomatoes, chicken, onion, mixed peppers with La Vita's three oils and fresh cream with a touch of Parmesan and Fiori di Latte Mozzarella cheese.
Ripe plum tomato and herb sauce topped with creamy mozzarella pearls. 2012 Casa £8.45	Alessio's £8.95 Bacon and chicken cooked in our famous Romana
La Vita's very own best seller; chunks of chicken, broccoli, mushroom, garlic, cream and hint of chilli.	sauce with Parmesan drizzled on top. \$pagnolo£8.95 Pepperoni sausage and chorizo topped with melted mozzarella cheese.
Carbonara £7.95 A classic cream and herb sauce with strips of succulent bacon.	Risotto Con Salsiccia £7.95
Cozze DomoSoro £7.95 Fresh deep sea mussels cooked in a tomato, chilli and pesto pomodoro sauce.	Italian sausage meat pan fried with peas in an olive oil, butter, cream and Parmesan sauce, topped with crispy fried onions. (Can't change from risotto on this dish).
Arrabíata Con Lollo £8.95 A hot and spicy tomato sauce cooked with chicken, chillies and fresh basil leaves.	Ravollini Del La Wamma £7.95 Mini meat ravioli squares tossed in a cream Parmesan sauce with Garlic, Prosciutto Cotto, white onion and peas, topped with grated Parmesan. (Can't change pasta shape on this dish).
Polipette £7.95 Italian meat balls made to our own recipe in a rich San Marzano sugo sauce.	Lasagne £7.45 A classic of La Vita Spuntini pasta sheets with meatballs, Napoli and béchamel sauce. (Can't change pasta shape on this dish).
Norcina £8.45 Crumbled Italian sausage, fresh cherry tomatoes and wild mushrooms in a light cream sauce finished with rocket and fresh basil.	Bolognese £7.45 Classic pork and beef ragu.
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Pesce & Frut	it Di Mare
Calamarí fritti £6.95 Squid rings tossed in seasoned flour deep fried and served with a wedge of fresh lemon and garlic mayonnaise dip.	Co33e Vapore (please allow 15mins to cook) £6.95 Fresh west coast mussels in a traditional Italian tomato herb sauce or white wine cream sauce with chilli.
Coba bi Rospo e Calamaretti £7.95 Baked monkfish and baby squid with tomato and touch of chilli sugo sauce.	foot Chilli Gamberetti £9.85 King prawns in a chilli garlic lemon juice and spring onions served on a bed of home made toast.
Cacciucco £8.15 Mixed seafood Italian stew slowly cooked in a San Marzano sauce with fresh basil and red chilli.	
Italian Bal	Red Eggs
SERVED IN FRYING PAN WITH	H CRUSTY GARLIC BREAD
The Sicilian £13.95 2 eggs oven baked in our casserole of Italian meatballs, borlotti beans, onion, touch of chilli and San Marzano tomatoes.	The foot Amercian £15.25 2 eggs oven baked in our casserole of crumbled Italian sausage, pepperoni sausage and spicy beef chunks with borlotti beans, touch of chilli cooked in a San Marzano tomato sauce.
The Vegetariana £13.75 2 eggs oven baked in our casserole of roasted Mediterranean vegetables, borlotti beans, onion, touch of chilli, pesto and cooked in a rich tomato sauce.	The Descatore





Carne & Posso

Italian Scotch €gg £7. Italian spicy sausage meat with egg and rolled with breadcrumbs, fried and served with a garlic mayonnaise dip.	7.45 Pollo Carbinal £8.2 Chunks of chicken breast with a cream and mushroom sauce with a secret twist to the chicken.	25
Italian Beef Stew £7. Chunks of beef pan fried with mixed peppers and a touch of chilli, San Marzano tomato sauce on Italian roast potatoes.	7.25 Polipette Formaggio £6.2 Italian meatballs topped with mozzarella and Napoli sauce.	25
Joork Belly £7. World famous Ramsey of Carluke pork belly char grilled and oven roasted, drizzled with balsamic vinegar.	7.15 Chicken wings oven roasted, tossed with sticky sweet sauce and jalapeño peppers.	25
Spezzatíno Sí 1908 con 19asta frítta £7. Diced chicken breast and vegetable in Italian spicy stew served with fried dough sticks.	Coníglio Cacciatora £8.4 Rabbit cooked in a tomato and herb sauce comes mixed with potatoes.	15
Stornoway Croquettes £7. Stornoway black pudding and creamed potato mash seasoned lightly breaded and gently fried. served on a cream whole grain mustard sauce.	Fresh chicken liver cooked with onion, sweet Italian wine blended until smooth served with homemade chutney and Scottish oatcakes.	1 5
Salsiccia Ucelletto £6. Italian sausage with barlotti beans in a slightly spicy tomato sauce.		15
Arancíní Dí Manzo £5. Deep fried balls of risotto rice mixed with a beef and pork ragu coated in breadcrumbs served with a dip.	filetto Al Pepe £12.9 4 oz fillet steak cooked medium, sliced on a bed of creamy peppercorn sauce and dressed with spicy Italian rocket.	95
Costolette D'Agnello £9. Lamb chops oven roasted with an Italian herb crust	Carbonara 21uggets £8.9 Carbonara nuggets coated with panko breadcrumbs fried and served on a bed of our homemade Napoli sauce, dressed with grated Parmesan cheese.)5
	8.65 **Deep fried pocket of dough stuffed with	95
Schiacciata Si Dollo £7. 1/2 baby chicken roasted with garlic and rosemary.	Mortadella and Fiori Di Latte Mozzarella and fresh pesto, served with a garlic mayo dip.	
frittata con Depperoni e Datate £6. Italian pepperoni sausage and sliced potato frittata.	6.25 Slow cooked oxtail served on the bone in a red wine Napoli sauce with vegetables.)5



Why not try our own unique signature dishes?







Grande Pasta E Kiso

A BOWL OF PASTA PLACED IN THE MIDDLE OF THE TABLE TO SHARE. PLEASE FEEL FREE TO ASK FOR A DIFFERENT PASTA SHAPE IF YOU WOULD LIKE.

Handmade special pasta created by our chefs, changes weekly - see server for details.

Pennette Salsiccia £13.95 İtalian crumbled sausage and sliced pepperoni sausage pan

fried with pesto and garlic tossed in a Romano sauce of tomato and cream mixed with De Cecco penne pasta.

Casarecce Rosso £13.95 Red pesto and mascarpone cheese sauce served with rocket and fresh Parmesan cheese mixed with twisty De Cecco pasta.

Dennette Mia Casa £14.95 La Vita's very own best seller; chunks of chicken, broccoli, mushroom, garlic, cream and hint of chilli. Dennette Arrabbiata o. £12.95

A hot and spicy tomato sauce, cooked with chillies and fresh basil leaves.

Spaghetti Gamberetti £19.95 Olive Depperoncino

King prawn pan fried in garlic, chilli and white wine and olive oil tossed in a thin long pasta.

Bucatini Pospette £13.25 Italian meat balls made to our own recipe in a rich San Marzano sugo sauce.

Bucatini Cozze.....£14.95 West coast mussels sautéed in a spicy tomato sauce with a touch of pesto, garlic and fresh chillies, tossed with De Cecco bucatini pasta.

Dennette Spuntini £14.75 Italian sausage, pine nuts, olive oil, wild mushrooms,

fresh garlic and sun dried tomatoes, finished with balsamic vinegar.

Denne Diavolo al forno £14.45 Spicy pepperoni sausage and sliced Italian sausage, with béchamel cheese sauce and tomato, oven baked

Casarecce formagaio e Basilico . . .£14.25 Pasta twists tossed in frying pan with a Italian cheese sauce topped with a spray of pesto on top.

Posso Carbonara £18.95 Breaded chicken butterflied and served on a bed of pasta noodles, topped with a rich cream sauce with bacon

Risotto Con Cozze e Gamberetti. . .£19.95 Italian rice cooked with fresh herbs and onions, tossed with fresh west coast mussels and black tiger prawns

in a garlic, red chilli, cream and tomato sauce. Ravioli Rafael £15.95 Meat ravioli baked in a creamy pesto sauce and

finished with cherry tomatoes, please try this and you'll never go on a diet again! Guaranteed. Spaghetti frutti Si Mare £19.95 al Domosoro or al Bianco

Fresh seafood cooked in a lightly spiced tomato sauce for a delicate flavour or a white wine herb cream sauce.

Lobster Ravioli £19.95 Direct from Italy this homemade ravioli filled with lobster and served with a Napoli cream sauce with a touch of chilli to give it a little kick, garnished with a dressed rocket salad.

Mafaldine Il Latino £14.75 Fresh smoked bacon, pine nuts, savoy cabbage, mascarpone cheese, olive oil, garlic and finished with

Parmesan cheese totally wonderful and full of flavour. Risotto Monte Verde. £15.95 Chunks of chicken, courgettes, spinach,

garlic, Parmesan cheese and cream. Mafassine Abruzzo • £13.95

Long ribbons of pasta tossed with fresh cherry tomatoes, garlic, extra virgin olive oil and butter with plenty of chilli flakes and finished with peppery rocket (a spicy hot pasta).

Dennette Con Mortadella £15.95 Pennette pasta cooked with pan fried mortadella

con pistachio in a creamy carbonara sauce finished with a sprinkle of pine nuts, parmesan, and mozzarella cheese tossed and served to enjoy.

Spaghetti Sorrento. £14.95 Pan fried chunks of chicken with onions tossed in a garlic, lemon and cream sauce. Finished with parmesan and burrata mozzarella.

Spaghetti Verde € Rosso • £14.95 Spaghetti pasta cooked in our own homemade creamy pesto sauce with strips of sundried tomatoes topped with fresh burrata from Puglia drizzled on top.

Ravioli Ricotta Cheese and Spinach . £16.95 Ricotta cheese and spinach filled pasta squares in an egg fresh pasta is one of the most well known in Italy.

Tossed in a San Marzano and cream sauce with spinach, mixed peppers and pan fried with garlic and chilli.

Gnocchi Salsiccia. £16.95 Italian potato parcels tossed in a butter cream sauce with sauteed mushrooms, leeks and spicy Italian sausage, dressed with chopped fresh basil.

Ravollini Del La Mamma £16.45 Mini meat ravioli squares tossed in a cream Parmesan sauce with Garlic, Prosciutto Cotto, white onion and peas, topped with grated Parmesan.

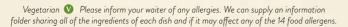
Elio's Marry Me Pasta £14.95 Sun dried tomatoes, chicken, onion, mixed peppers with La Vita's three oils and fresh cream, tossed with mafaldine (long wide ribbons) pasta with a touch of Parmesan and Fiori di Latte Mozzarella cheese.

Bucatini Con Verbure € Vongole . .£20.95 Clams deshelled and cooked in a white wine and garlic sauce, with ribbons of carrots, courgette and a touch of chilli, tossed with long pasta.

Mafassine Montecarlo.....£16.95 Long thick curly ribbons of pasta tossed with chicken, mushrooms, onions and mixed peppers, with garlic, olive oil, white wine and cream sauce, with a touch of San Marzano tomato sauce.

Risotto Con Salsiccia £16.95 Italian sausage meat pan fried with peas in an olive oil, butter, cream and Parmesan sauce, topped with crispy fried onions.











Bistecca Al Forno

Scotch filleto Spuntini
Porcetta
Oxtaíl Grande
surf and Turf
Fantastic 9oz Scotch fillet steak cooked to your liking with fresh half lobster in a cream sauce with a touch of chilli, served with Italian roast potatoes.
Also sauce available on the sibe: Barolo wine sauce, peppercorn cream sauce or wild mushroom cream sauce. All £2.50 each.

Pollo Al forno

19010 Calabrese
19010 Wilanese
10010 Saltimbocca
Dollo Spuntíní

Pesce Al Forno
Sea Bass
Salmone Spuntíní
Branzino Scozzese
Branzino Romana

Cozze Vapore Piatto Grande £17.95

Fresh Scottish mussels, cooked in a tomato herb sauce and served with a touch of

chilli or cream and white wine sauce with chilli (please allow 15 mins to cook).





















La Vita Spuntini - City Centre

40 Gordon Street, Glasgow G1 3PU

0141 221 4040

La Vita Spuntini - West End 199-201 Byres Road, Glasgow G12 8TN

0141 339 4222

La Vita City Centre

161 Queen Street, Glasgow (corner George Square) G13BJ

0141 248 3533

La Vita Bishopbriggs 185-187 Kirkintilloch Road, Bishopbriggs G64 2LS

0141 772 1333

La Vita Piccolino e Vino

273-275 Mearns Road, Newton Mearns G77 5LU

0141 639 5050

La Vita Barrachnie - East End

175 Baillieston Road, Glasgow G32 oTN

0141 729 9300



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