THE ARCARI FAMILY...

Just after World War 2, in a small village called Picinisco, Mario Arcari was born. Picinisco is a small village in the province of Frosinone in the region of Lazio. The territory is included in Abruzzo National Park, one of the oldest in Italy.

Picinisco is surrounded by mountains and like most other villagers Mario Arcari's family worked the land to give them a living. Being between Rome and Naples Picinisco was destroyed badly like many villages during the war so many people left and travelled all over the world seeking a better life.

October 1958: Mario Arcari arrived in Scotland. Not having many skills and poor English he struggled to get work but with determination and hard work he got a job in Dumfries in a monastery. He watched and learned fast, always dreaming that one day he would open his own business.

In Glasgow at this time there was a tight Italian community who would often meet at an Italian club in Park Circus. Mario met and then married Annuziata, who was also of Italian origin. Together they worked hard and opened their first fish and chip shop in Polmadie Road, Glasgow. They went on to open shops in Queen Elizabeth Square, Castlemilk, Hamilton, Croftfoot, Crookston, Bishopbriggs and Scotstoun. Mario and Annuziata had fulfilled their dream.

Mario and Annuziata were blessed with 6 children-Antonio, Iolanda, Marco, Adelina, Rocco and Marisa. They always hoped that their children would continue



the family business, so from a young age taught them all the skills they would need to run their own businesses.

Antonio and Marco were to be the ones who would take over the businesses and then take them to a new level. Opening first "La Vita" in Bishopbriggs and the "La Vita" in George Square.

The next generation is growing fast. Mario (Marco's son), works with his father now and has started to try and enhance the business with ideas of his own. Together they plan to expand the business and continue their creativity and innovation within Italian cuisine.

La Vita Spuntini located in the West End, Byres Road, La Vita Piccolino E Vino in Newton Mearns and La Vita Spuntini on Gordon Street have since opened. La Vita Barrachnie in the East End opens soon in 2022, and whichever restaurant you dine in, you will agree that 'La Vita e Bella;' life is beautiful! The next chapter is for our bakery facilities which will be placed in Barrachnie and will supply all of our restaurants. You will also be able to purchase all our cakes and breads to take home and enjoy.

Sadly, Antonio will not see these as he was involved in a fatal car accident. He was the best brother and son anyone could ask for and he will be sorely missed by all his family. His legacy will live on through the businesses.

We have always prided ourselves on bringing you the best within the finest surrounding and it is our intention at all times to provide a quality service. However if you feel that you have not been satisfactorily attended to please contact me and I will endeavour to rectify your complaint.

Maria arcari Director



LOOKING FOR THAT SPECIAL GIFT?

Make a friend, family member or colleague happy with one of our La Vita Gift Vouchers. An excellent gift for any occasion which can be redeemed in any La Vita Restaurant. E10 BANK OF LA

G10 BANK OF LA VI

WHY NOT TRY **ONE OF OUR OTHER RESTAURANTS?**



LA VITA CITY CENTRE 161 Queen Street, Glasgow (corner George Square) G1 3BJ 0141 248 3533



LA VITA BISHOPBRIGGS 185-187 Kirkintilloch Road, Bishopbriggs G64 2LS Reservations 0141 772 1333 Home Delivery 0141 762 0303



LA VITA BARRACHNIE (EAST END) 175 Baillieston Road, Glasgow G32 OTN Reservations 0141 729 9300 Home Delivery 0141 729 9301



LA VITA SPUNTINI 199-201 Byres Road, Glasgow G12 8TN 0141 339 4222



LA VITA SPUNTINI 40 Gordon Street, Glasgow G1 3PU Reservations 0141 221 4040

LA VITA PICCOLINO E VINO 273-275 Mearns Road, Newton Mearns G77 5LU Reservations 0141 639 5050 Home Delivery 0141 639 4686

LA VITA LIVE...

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/La_Vita_uk /LaVitaSpuntini 0

www.lavitapizzeria.co.uk



COLLECT A MENU AT RECEPTION - HOME DELIVERY NOT AVAILABLE FROM LA VITA, GEORGE SQUARE OR GORDON STRFFT







DAYTIME & EARLY EVENING MENU

Daytime & Early Evening Menu

MON TO FRI

Main Course £10.95 Starter & Main £14.95 Main & Dessert £14.95 Starter, Main & Dessert £17.95 (Price per diner.

SERVED BETWEEN

12noon & 6.30pm Monday to Friday (Order must be placed before 6.30pm) 12noon & 5.00pm Saturday & Sunday (Order must be placed before 5.00pm)

STARTERS =

Soup of the day See server for chefs choice. Served with bread.

Minestrone V Fresh vegetables in a traditional Italian soup with pasta. Served with bread.

Baby Caesar Salad Caesar dressed lettuce leaves topped with crisp croutons, cherry tomatoes & fresh Parmesan shavings.

Deep Fried Mozzarella V Fresh Fiori di latte mozzarella from Italy, coated with crispy breadcrumbs, salad garnish & spicy Napoli dip on the side.

Bruschetta V

Toasted bread homemade in La Vita, drizzled with a mix of garlic, olive oil, fresh basil, chopped tomatoes, finished with balsamic vinegar.

Crema Di Funghi V Field mushrooms cooked in a nutmeg & double cream sauce, served with Italian breadsticks.

Crostini Formaggio e Pesto V Italian homemade bread oven baked. smothered with garlicky butter & mozzarella cheese, finished with a drizzle of pesto.

SAT & SUN

Polpette

Main Course £11.95 Starter & Main £16.95 Main & Dessert £16.95 Starter, Main & Dessert £19.95 (Price per diner)

Spicy pork and beef meatballs in a Napoli

sauce, served with a slice of garlic bread.

6 inch pizza base drizzled with our secret

basil, rosemary & olive oil mix served

Tasty chicken pieces on the bone coated

in our own delicious barbecue sauce.

Bruschetta Pepperonata V

Croquettes Italiano V

Pate Del Casa

Insalata Mista V

WORLD FAMOUS

JIMMY STYLE FOR 2 SHARING

Half pizza & half pasta each (Choose from our Daytime Menu only)

*must be the same dish

MON-FRI \pounds 21.95 | SAT & SUN \pounds 23.95

Toasted garlic bread topped with roasted red

peppers infused with extra virgin olive oil & garlic.

Homemade potato croquettes with cheese from

Italy served with a chunky salsa tomato dip.

Homemade chicken liver & herb pate served

with Italian toasted bread served with chutney

Italian mixed salad with our own house dressing.

& salad garnish. *Supplement £1.50

with a fresh Napoli sauce to dip.

Spicy Chicken Wings

Piccolo Focaccia Costa Nostra V

MAINS =

Italian Vorsht Frittata Thick sliced Italian omelette filled with thin strips of blooms kosher salami, mixed peppers, notato, tomatoes and onion served with crisp shredded carrot and cabbage dressed with homemade Italian vinaigrette.

Fish & Chips Top quality slice of angel cut haddock gently fried in breadcrumbs & served with French fries, salad garnish & tartar sauce dip. *Supplement £2

Casaraccia Salsiccia Crumbled Italian sausage sautéed with San Marzano tomato sauce. Tossed with curly twisted pasta.

Casaraccia Napoli V A classic Napoli sauce tossed with curly twisted pasta.

Penne Al Forno Penne pasta baked in the oven with a meat Bolognese sauce, topped with béchamel.

Casaraccia Funghi 🔍 Mushrooms sautéed in a frying pan finished with a touch of cream & Napoli sauce tossed with curly pasta.

Pollo Spezzatino Chunks of chicken breast pan fried with mixed peppers, potatoes and touch of chilli in a San Marzano tomato sauce. served with Italian rice. *Supplement £2

Pizza Salsiccia Thin crust Italian pizza stone baked with mozzarella & San Marzano tomato sauce with crumbled spicy Italian sausage.

Macaroni Formaggio 💟 Small tubes of pasta tossed in a sauce of Italian cheeses.

Pizza Polpette Homemade Italian meatballs topped on a stone baked thin base pizza topped with mozzarella cheese.

Pennette Arrabbiata V A hot & spicy tomato sauce cooked with chillies & fresh basil leaves.

Pizza Pepperoni A high quality cured Italian sausage sliced with a San Marzano tomato sauce finished with mozzarella cheese.

Lasagne Our traditional Italian favourite.

Spaghetti Bolognese The traditional Italian meat & tomato sauce as mamma would make.

Italian Stew Chunks of beef pan fried with mixed peppers, potatoes & a touch of chilli in a Italian gravy sauce, served with Italian rice. *£2 Supplement

Cozze al Vapore Fresh, deep sea mussels in a traditional Italian tomato & herb sauce, or a white wine & cream herb sauce. Served with crusty smothered garlic bread. Please allow 15 minutes to cook. *Supplement £2

Pan Roasted Chicken Thighs Chicken thighs pan fried with olive oil & garlic, served in a red pepper cream sauce with pesto mash. Pizza Margherita V Stone baked thin base pizza topped with mozzarella cheese.

Salt Beef Sandwich Sliced salt beef kosher style served in rve bread with caraway seed, dressed with pickled cucumber. Served with French fries & salad garnish. *Supplement £3

Roast of the Day Traditional roast served with 2 homemade Yorkshire puddings & served with all the trimmings, *£2 Supplement

Ciabatta Classic BLT Italian ciabatta roll filled with bacon crisp lettuce, ripe tomatoes smothered with creamy mayonnaise. Served with French fries & salad garnish. *Supplement £2

Insalata Pollo Butterflied chicken breast marinated in lemon juice on a bed of mixed leaves, cherry tomatoes, fresh mozzarella balls, chargrilled peppers & black olives dressed with our house dressing. *Supplement £2

Pizza Vegitali V A mixture of mediterranean vegetables on a tomato base sprinkled with mozzarella cheese.

Involtini Al Nero Minute steak wrapped around Stornoway black pudding. Panfried & served with a red wine jus & French fries. *Supplement £2

Ciabatta Scozzese & Zuppa

Ciabatta filled with double crean cheese & Scottish sliced smoked salmon. Served with a choice of Minestrone or Soup of the Day. *Supplement £2

Flat Iron Steak A wonderful beefy flavoured flat iron steak smothered with a creamy peppercorn sauce, served pink with French fries. (Please note the steak can only be cooked pink). *Supplement £1.50

Risotto Pepperonata V Sliced red peppers sautéed in olive oil with fine red chillies tossed in a San Marzano Napoli sauce with Italian rice.

Salt Beef Sandwich & Zuppa Sliced salt beef kosher style served in rye bread with caraway seed, dressed with pickled cucumber. Served with a choice of Minestrone or Soup of the Day. *Supplement £3

Ciabatta Polpette & Zuppa Ciabatta filled with pesto, Italian meatballs and rocket salad. Sprinkled with Parmesan, served with a choice of Minestrone or Soup of the Day on the side. *Supplement £2

Ciabatta Peppernatta & Zuppa Ciabatta filled with double cream cheese sliced with marinated Italian red peppers. Served with a choice of Minestrone or Soup of the Day. *Supplement £2

Italian pizza dough sandwiches made by La Vita Pizza Chefs. Created by our Head Chef and filled with the following fresh ingredients. Then oven cooked and served with chips.

The Italian Marzano Napoli sauce *Supplement £2

The Americano sauce *Supplement £2

The Mediterranean

The Greek

Roast Potatoes Ita Tuscan hot potatoes topp

> Patate Fritte V. Deep fried thin cut potato

Garlic Bread V. Oven baked homemade b

Mixed Pane E Oliv Focaccia and homemade green olives. Served with

Side Salad V. Mixed watercress, rocket nuts lemon zest Balsami

> Italian Bread V. Homemade Italian bread

Sautéed Mushroc Mushrooms cooked in olive oil and garlid

DESSERTS

Tiramisu

Gelato Caramello

Italian Doughsticks

Fruit Cocktail Delight

Italian Bread and Butter Pudding Handmade La Vita's very own fruit Italian panettone filled with chocolate and oven baked with custard served with rich vanilla ice cream and finished with oodles or caramel sauce (for the ultimate treat,

* A full lunch menu must be purchased by each individual diner, this menu cannot be shared. Please inform your waiter of any allergies. Any changes made to dishes will incur an extra charge. Not available during Valentine's Day, Mother's day or Easter Sunday. The management reserve the right to withdraw this offer during any high season or bank holidays. We can supply an information folder sharing all of the ingredients of each dish and if it may affect any of the 14 food allergens.





ITALIAN PIZZA SANDWICHES =

Parma ham, rocket salad, Parmesan, baby mozzarella pearls & jalapeños. Dressed with a San

Kosher salt beef slow-cooked, red cheddar & rocket salad . Dressed with a San Marzano Napoli

Rocket salad, black olives, roasted red peppers, Parmesan, sliced onion & baby mozzarella pearls. Dressed with a San Marzano Napoli sauce *Supplement £2

Spicy chicken breast, rocket salad, jalapeños, baby mozzarella pearls, halloumi cheese. Dressed with a San Marzano Napoli sauce *Supplement £2

SIDE ORDERS =

£4.95
£4.55
£3.75
£3.95
£3.95
£2.95
£3.95

The classic Italian sponge soaked in coffee liqueur Zabaglione, semi-cold and topped with cacao powder

Rich vanilla royal ice cream with oodles of Dulce de Leche sauce with a Rossini chocolate curl wafer

Warm pizza doughsticks dusted with icing sugar. Served with a warm chocolate pot.

Rich vanilla ice cream topped with fruit cocktail dressed with raspberry sauce and whipped cream.



Vegetarian V Please note that most of our dishes contain pine nuts. Please let your waiter know if you have any other allergies.