



Sprintini



Drinks & Desserts Menu





Italian Bar Nibbles

PLEASE ENJOY YOUR APERITIF ACCOMPANIED
WITH SOME ITALIAN NIBBLES IN OUR BAR AREA

Olives & Salted Mixed Nuts	£4.00
Pane, Breadsticks & Olives	£5.00
Sundried Tomatoes, Breadsticks & Lemon Zest, Mascarpone Pine Nut Dip	£5.00



House wine

	125ml	175ml	250ml	Carafe
House Red or White Wine	£4.40	£6.20	£7.95	£21.25

Premium House Wines

	125ml	175ml	250ml	Bottle
Grillo WHITE - Bright and refreshing with a tongue spanking edge.	£4.60	£6.40	£8.25	£21.75
Nero d'Avola RED - Juicy fruit and rich berry flavours.	£4.60	£6.40	£8.25	£21.75
Rosato ROSE - Fresh salmon pink, packed with fruit and wild berries..	£4.60	£6.40	£8.25	£21.95

Italian Bubbles on Tap

175ml Glass - £7.75

Everyone's favourite bubbles available on tap -
crisp, dry and refreshing!

Italian Sangria

	250ml	Carafe
Homemade Italian Sangria with marinated fruits	£6.45	£18.95

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of the ingredients of each dish and if it may affect any of the 14 food allergens.



White Wines



CRISP, DRY, ELEGANT & FRUITY

	125ml	175ml	250ml	Bottle
Grillo	£4.60	£6.40	£8.25	£21.75

Bright and refreshing with a tongue spanking edge.

Gavi				£28.95
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Elegant and delicately crisp

Pinot Grigio	£5.10	£7.05	£9.25	£24.95
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Crisp, firm, apple and pear and a hint of honey.

Pinot Bianco				£27.95
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Zippy, fresh crunchy apple, lemon and dandelion

AROMATIC & FRUITY

	125ml	175ml	250ml	Bottle
Sauvignon Blanc	£5.10	£7.20	£9.45	£24.95

Single vineyard, wonderfully aromatic, fig, kiwi and minerals.

Vermentino di Sardegna	£5.10	£7.05	£9.25	£23.95
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Fragrant with aromas of pine, ripe stone fruit and sweet citrus

Cloudy Bay, New Zealand				£55.95
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The original Cloudy Bay from New Zealand

Pinot Nero Bianco	£5.40	£7.40	£9.85	£26.95
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Fresh, fruity and floral, unique and full of character



RICH & SILKY

	125ml	175ml	250ml	Bottle
Chablis				£30.95

Dry and rich with clean mineral characters in the nose and palate.

Chardonnay	£5.10	£7.25	£9.25	£24.95
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Tropical fruits and vanilla. Creamy and rich

Fiano				£30.95
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Sweet lemon and acacia honey with a streak of acidity.

Riesling San Leonardo

£74.95 Bottle

Light straw yellow in colour. Citrusy and mineral, with subtle nuances of tropical fruits, citrus peel, honey and flint. Very fresh, taught, savoury and mineral, with a good persistence..

La Scolca Gavi Dei Gavi D'antan

£119.95 Bottle

This dry white wine is the ultimate Gavi De Gavi white wine. La Scolca is an independant family owned winery. This wine scored 100 points at Vini d'Italia and was commissioned as the white wine for the Royal wedding of Prince William (Duke of Cambridge) and Kate Middleton (Duchess of Cambridge) April 29th 2011..

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Red Wines



LIGHT TO MEDIUM BODIED & FRUITY

	125ml	175ml	250ml	Bottle
Nero D'Avola	£4.60	£6.40	£8.25	£21.75

Juicy fruit and rich berry flavours.

Passo Antico				£28.95
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Full-bodied red wine with intense flavours and a long, dry finish..

Pino Nero Rosso	£5.40	£7.70	£9.95	£27.95
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Smooth and fragrant, blueberry jam and violets

Merlot	£5.10	£7.05	£9.25	£24.95
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Spicy summer fruits and vanilla

SILKY, SMOOTH & SOPHISTICATED

	125ml	175ml	250ml	Bottle
Montepulciano D'Abruzzo	£5.00	£6.90	£9.05	£24.95

Lush, packed with fruit and concentrated flavours

Syrah	£4.65	£6.40	£8.25	£22.95
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Fruity, plum, amarena, cherry and spice. Velvety finish

Rioja				£24.95
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Flavoursome, perfumed with an underbelly of soft strawberry and red cherry.

Chianti Wicker flask				£27.95
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A typical easy-drinking Chianti from central Tuscany, bottled in the classic raffia flask.

Primitivo	£4.85	£6.80	£8.65	£23.95
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Enjoy the deep plummy fruit peppered with currants and black cherry.

BIG, POWERFUL & INTENSE

	125ml	175ml	250ml	Bottle
Amarone				£46.95

Intense, concentrated fruit. Dry, warm, demanding but velvety.

Sangiovese				£33.95
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Intense floral notse with red cherries, earth and a touch of dark chocolate

Barbera	£5.40	£7.60	£9.75	£27.95
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Intense, harmonious nose with hints of prunes, leather and spice.

Appassimento	£5.10	£7.10	£9.35	£26.95
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Fruity with notes of plum, cherry, marmalade, tobacco and spices.

Barolo				£45.95
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Supremely defined, supple and elegant Barolo. Violet, cherry polished leather and warm tannins.



Terre di San Leonardo

£40.00 Bottle

Nice primary fruit characters, balanced with oak and luscious tannins.

Barolo Cannubi DOCG Terre Del Barolo, Piemonte

£131.50 Bottle

The exceptional completeness and logevity the Cannubi Cru is able to provide represents the very pinnacle in Barolo. Its bouquet immediately conjures up violets and roses followed by liquorice, pepper coffee and tobacco. In the mouth it is magnificent, packed with structure and character. A very special wine that releases sensations which are repeated with every sip.

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Rose Wines & Sparkling

	125ml	175ml	250ml	Bottle
Rosato Fresh salmon pink, packed with fruit and wild berries	£4.70	£6.50	£8.35	£21.95
Pino Grigio Rose Rich nose ranging from ripe pear to floral blossom.	£5.10	£7.05	£9.10	£24.95
Pino Nero Rosato Light rose colour. The elegant bouquet has intense notes of acacia flowers				£24.95
Prosecco Gold Pale straw yellow. Characteristic, fruity and flowery with scents of Golden apple, Williams pear, acacia flowers and lily of the valley.			200ml Bottle	£9.45
Prosecco Rose Gold Full of flavours of fresh red fruit charcter, with some notes of strawberry, cream and vanilla. Made in a slightly off dry style.			200ml Bottle	£9.45
Prosecco D.O.C. Fragrant and crisp with fresh fruit and wild flowers				£29.95
Prosecco Superiore D.O.C. Fresh, delicate, intensely fruity with scents of acacia honey.				£33.95
Cloudy Bay Pelorus Marlborough, New Zealand Premium sparkling wine from Cloudy Bay vineyards. Very elegant, delicious biscuity flavours commonly associated with top-quality Champagne.				£47.95

Champagne

Laurent Perrier Rose	£98.25
Laurent Perrier	£66.95
Moët & Chandon Rose	£65.95
Moët & Chandon	£75.95

Non Alcoholic Wine

Uno Natureo White or Red	Bottle £19.45
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Digestifs

Campari	£4.65
Sambuca Bianco	£4.65
Sambuca Nero	£4.65
Limoncello	£4.65
Amaretto	£4.65
Grappa	£4.65
Strega	£4.65
Frangelico	£4.65

Ice Cold Bottled Beer

Peroni Nastro Azzurro (330ml)	£4.85
Birra Moretti (330ml)	£4.85
Non Alcoholic Italian Beer (330ml)	£4.45
Cider (568ml)	£5.55
Fruit Ciders (bottled 500ml)	£6.25

Draught

Peroni Beer	1/2 Pint £3.95	Pint £6.45
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Soft Drinks

	Regular	Pint
Pepsi / Diet Pepsi	£3.35	£4.40
Irn Bru	£3.35	£4.40
Tango / 7 UP	£3.35	£4.40
Bottle of Water Still or Sparkling (500ml)	£4.20	££
Britvic 55 (275ml)	£3.40	££
Fruit Shoot (200ml)	£2.35	££
Fresh Orange / Apple Juice	£3.40	£4.45
Fresh Pineapple	£3.40	£4.45
Cranberry Juice	£3.40	£4.45
Red Bull (Can)	£3.20	£££
Ice Cream float Any soft drink with vanilla ice cream.	£4.55	£££
Milkshake Strawberry, vanilla or chocolate	£4.55	£££

Italian Soft Drinks

Melograno e Arancia San Pellegrino (Orange & Pomegranate)	£3.40
Limone e Menta San Pellegrino (Lemon & Mint Infusion)	£3.40
Limonata San Pellegrino (Lemonade)	£3.40
Aranciata San Pellegrino (Orange)	£3.40
Aranciata Rossa San Pellegrino (Blood Orange)	£3.40
Pompelmo San Pellegrino (Grapefruit)	£3.40

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Loose Leaf Tea

Peppermint Tea	£3.15
Scottish blend Tea	£3.15
Earl Grey Tea	£3.15
Green Tea	£3.15
Camamile Tea	£3.15
Fresh Sliced Lemon Tea	£3.15

Coffees

Caffe Correto	£5.00	Caffe Macchiato	£3.35
Espresso coffee with a splash of either Sambuca, Strega or Brandy.		A delightful espresso sized cappuccino.	
Espresso	£2.85	Caffe Con Panna	£3.35
Full bodied, intense and aromatic flavour.		A double espresso topped with whipped cream.	
Double Espresso	£3.45	White Coffee	£3.50
Full bodied, intense and aromatic flavour.		Espresso with steamed milk.	
Cappuccino	£3.75	Americano	£3.15
A mix of espresso and steamed milk, lightly topped with foamed milk and sprinkled with chocolate.		A strong black coffee.	
Mochaccino	£3.55	Iced Latte	£3.75
Espresso with steamed milk and chocolate, served in a tall glass.		A decadent mix of espresso with ice cold milk topped with whipped cream.	
Caffe Latte	£3.75	Hot Chocolate "Deluxe"	£3.75
A decadent mix of espresso and steamed milk, lightly topped with foamed milk and served in a tall glass.		A rich, smooth hot chocolate topped with whipped cream and marshmallows and a Cadburys flake.	
		Add syrup to your drink	£0.40
		Vanilla, hazelnut or caramel.	

Liqueur Coffees

SERVED IN TALL WINE GLASS

Gaelic Coffee Whisky and cream	£8.45
Irish Coffee Irish whiskey and cream	£8.45
Coffee Royale Brandy and cream	£8.45
Italian Coffee Sambuca and cream	£8.45
French Coffee Cointreau and cream	£8.45
La Vita Coffee Bailey's and cream	£8.45

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Dolci


FOR 2 TO SHARE

Fondue Di Cioccolato £15.45
Fresh seasonal fruit and marshmallows served with hazelnut Nutella chocolate pot for dipping.

Dolci


FOR ONE

Gelato £5.45
Rich and creamy vanilla royal ice cream or Italian amaretto ice cream.

Spuntini  £7.95
Warm hazelnut Nutella chocolate pot served with fried dough sticks dusted with icing sugar and caramel dipping pot.

Affogato £7.95
Italian amaretto ice cream, topped with a shot of espresso coffee.
Add Frangelico hazelnut liqueur on the side for £1.95

Tiramisu £7.95
A layer of sponge soaked with coffee liquor filled and decorated with coffee and Zabaglione cream, lightly dusted with cocoa.

Mario's Fluffy Fix  £7.95
Fresh strawberries, rich hot hazelnut Nutella chocolate sauce, toasted marshmallow. Fantastico! Once tasted, never forgotten.

Snowball Sundae Delight £8.95
Vanilla royal ice cream, fresh strawberry, raspberry sauce, with Tunnock's world famous snowball with fresh whipped cream and Cadbury's 99 flake.

La Vita Spuntini Cheese Selection £8.95
Oatcakes, chutney and apple with Italian cheese selection.

Italian Bread & Butter Pudding  £7.95
La Vita's very own handmade fruit Italian panettone filled with chocolate and oven baked with custard. Served with rich vanilla ice cream and finished with oodles of caramel sauce.

Fragola Con Basílico £7.95
Fresh strawberries cooked in our wood burning oven with a sweet balsamic glaze topped with rich creamy vanilla royale ice cream.

Please note, our own head baker Enrico bakes fresh Italian cheesecakes like Amarena, Limoncello, Bombolone Italiano filled with pistachio crema, Nutella, crema Italiano, Neopolitan cakes, as well as our famous Strawberry Tarts Italian-Style & fresh homemade cannoli.

Take a look at our cake fridge for the full selection.

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