



There are various ways that  
Marco and Mario recommend you eat  
at La Vita Spuntini

- Three or four small dishes per person served as one course
- Our small dishes as 1st course; then some more as second
- Our small dishes as 1st course and then followed by one of our pasta or main courses each
- Remember do not be afraid to ask for more, it's the Spuntini way

We are all familiar with Chinese Dim Sum and Spanish Tapas, at La Vita Spuntini we are happy to introduce to you the Italian Concept 'Spuntini'.

Spuntini is the Italian concept for sharing and is used to describe a leisurely meal comprising of any number of different dishes shared and done by the Italian Bella Figura.

The candlelit atmosphere and friendly staff make this restaurant feel like home. Catering to your every whim, we're talking about little 'anytime' portions of food, drinks and conversation amongst family and friends with various helpings to satisfy your every craving.

La Vita Spuntini invites diners to share in the experience and enjoy the flavour of great Italian cuisine and fine wine. Our food is prepared with attention to detail, passion and most importantly, love. Our extensive menu will have you spoilt for choice – from the freshest pasta to our delicious mini pizzas; our dishes cater for all ages and the most discerning palate. As with all La Vita Restaurants, we also boast a impressive selection of fine wines to be enjoyed by the glass, bottle or by the carafe.

Our large sharing tables recreate the sociable fun of a typical Mediterranean family meal where everyone shares from dishes placed in the middle of the table, smaller sharing tables for two whisper of romance!

A little wine, a little something to eat, an enjoyable evening out, or just about living for the moment and being good to yourself, and we'd like to share it with you.

Marco Arcari & Family welcome you to  
La Vita Spuntini... small is beautiful

Vegetarian (V) Please note that most of our dishes contain pine nuts. Please let your waiter know if you have nut allergies.

PLEASE NOTE THAT ALL DISHES BELOW ARE SERVED AS A MAIN COURSE FOR 1 PERSON

All our meats fish and chicken main course dishes are cooked in a real flame charcoal oven to give a true bbq flavour.

## BISTECCA AL FORNO

10OZ SCOTCH RIB EYE . . . . . £18.95

10oz rib eye char grilled, well marbled, juicy and full of flavour

10OZ SCOTCH FILLETO SPUNTINI . . . . . £22.95

10oz Scotch bread fillet steak butterflied with Stornoway black pudding covered with a cream peppercorn sauce.

PORCETTA. . . . . £15.95

Slow cooked pork belly from award winning Ramsey of Carluke. Served with a light sauce of Parma ham, garden peas and Mediterranean vegetables.

SURF AND TURF . . . . . £27.95

Fantastic 10oz Scotch fillet steak cooked to your liking with half lobster in a cream sauce with a touch of chilli, served with Italian roast potatoes.

Also sauce available on the side:

Barolo wine sauce, peppercorn cream sauce or wild mushroom cream sauce. All £2.50 each.

## POLLO AL FORNO

POLLO CALABRESE . . . . . £14.95

Supreme of chicken breast butterflied and stuffed with hot and spicy salami spread with mozzarella cheese wrapped with bacon served with pesto potato mash and San Marzano tomato sauce.

BLACKENED POLLO AL GRILLIA. . . . . £14.95

Two pieces of chicken leg and thigh marinated in a variety of spices and pasted, char grilled, in a very hot oven to give a crispy blackened taste. Served with roasted baby potatoes sautéed in pesto.

POLLO MILANESE . . . . . £13.95

Supreme of chicken breast in breadcrumbs pan fried and served with spaghetti arrabiata (chilli, onion & tomato sauce). Finished with parmesan shavings. (Please note no side order with this dish).

## PESCE AL FORNO

RAINBOW TROUT . . . . . £13.95

Fresh boned rainbow trout roasted in our char grill infused with lemon and seasoning finished with a butter glaze served with a choice of roasted potatoes, rice, Mediterranean roasted vegetables

SEA BASS . . . . . £14.95

Grilled Scottish sea bass fillets served with a fricassée of Shetland mussels and spring vegetables, finished with lemon and pesto.

SALMONE E GAMBERETTI . . . . . £18.95

Prime Scottish salmon and black tiger king prawn kebabs roasted and dressed with a glaze of balsamic. Served with a pesto mash.

## COZZE

COZZE VAPORE PIATTO GRANDE (please allow 15 mins to cook) £13.95

Fresh Scottish mussels, cooked in a tomato herb sauce and served with a touch of chilli or cream and white wine sauce with chilli.

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## PIZZETTE

5" SMALL NEAPOLITAN PIZZA COOKED 'BUCCA DI LEONE'

<b>MARGHERITA (V)</b> . . . . .£3.45 A thin base pizza topped with tomato and mozzarella cheese	<b>VERDURE (V)</b> . . . . .£4.95 San Marzano sugo topped with roasted peppers, courgettes, aubergine and jalapeños, sprinkled with mozzarella cheese
<b>ITALIANO</b> . . . . .£5.75 Crumbled Italian sausage & pepperoni sausage on a thin base pizzette pizza with sprinkled mozzarella	<b>AMORE</b> . . . . .£5.25 Pepperoni sausage, mascarpone cheese, roasted red peppers on a bed of tomato sauce with a touch of pesto! What can you say? Fantastic!
<b>SAN DANIELE</b> . . . . .£6.45 Thinly sliced San Danielle Parma ham rugola salad topped with parmesan shavings on a bed of tomato sauce	<b>DI ROMA</b> . . . . .£6.45 Mascarpone cheese and Parma ham, on a thin base pizzette pizza with tomato sauce
<b>PEPPERONI DUO</b> . . . . .£4.45 Spicy pepperoni sausage and mixed peppers on a base of tomato sauce and 100% shredded mozzarella	<b>NEW YORK</b> . . . . .£5.25 Italian meatballs and spicy Italian sausages served on a bed of tomato and topped with 100% mozzarella cheese
<b>AL MONTE (V)</b> . . . . .£4.95 A thin base pizza with basil pesto, goats cheese, courgette and parmesan shavings	<b>BOLOGNESE</b> . . . . .£4.65 Bolognese sauce topped with mozzarella cheese and jalapeño green chillies
<b>ALL ROSSO (V)</b> . . . . .£4.95 Pizza base with red pesto, red onion and cherry tomato with mozzarella cheese	<b>QUATTRO STAGIONI</b> . . . . .£4.45 Mushrooms, mixed peppers, onions and pepperoni sausage topped with 100% shredded mozzarella
<b>SCOZZESE</b> . . . . .£4.95 Spicy pepperoni sausage with Stornoway black pudding on a base of mozzarella cheese and tomato sauce	<b>BABY CALZONE</b> . . . . .£5.45 A traditional stone baked calzone pizzetta, stuffed with black pudding, onions and ham. topped with mozzarella cheese
<b>SALSICCIA E CIPOLLE</b> . . . . .£4.95 Hand made Italian sausage and thinly sliced red onion with San Marzano tomato sauce, sprinkled with 100% shredded mozzarella	

## SPECIALITY PIZZAS

12" OVEN FLAMED THIN CRUST ITALIAN PIZZAS, MADE WITH SAN MARZANO TOMATO SAUCE AND BURRATA IMPORTED MOZZARELLA CHEESE.

"THE BEST MOZZARELLA CHEESE YOU WILL EVER TRY!"

<b>PIZZA CASSINO</b> . . . . .£12.95 With crumbled Italian sausage and sliced pepperoni	
<b>PIZZA SAN PIETRO</b> . . . . .£12.95 With chicken breast and wild field mushrooms	
<b>PIZZA PICINISCO</b> . . . . .£12.95 With sliced beef and red chillies	
<b>PIZZA ATINA (V)</b> . . . . .£11.95 With sweet red and yellow bell peppers and balsamic onions	
<b>PIZZA MARGHERITA (V)</b> . . . . .£10.95 With Burrata cheese, fresh basil leaves, San Marzano tomato sauce, and drizzled with extra virgin olive oil	

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## CARNE E POLLO

<b>ITALIAN SCOTCH EGG</b> . . . . .	<b>£4.25</b>
Italian spicy sausage meat with egg and rolled with breadcrumbs, fried and served with a garlic mayonnaise dip	
<b>ITALIAN BEEF STEW WITH POTATOES</b> . . . . .	<b>£5.25</b>
Chunks of beef pan fried with mixed peppers and a touch of chilli, San Marzano tomato sauce on Italian roast potatoes	
<b>PORK BELLY</b> . . . . .	<b>£4.95</b>
World famous Ramsey of Carluke pork belly char grilled and oven roasted, drizzled with balsamic vinegar	
<b>SPEZZATINO DI POLLO CON PASTA FRITTA</b> . . . . .	<b>£5.95</b>
Diced chicken breast and vegetable in Italian spicy stew served with fried dough sticks	
<b>SALSICCIA UCELLETTO</b> . . . . .	<b>£4.55</b>
Italian sausage with barlotti beans in a slightly spicy tomato sauce	
<b>ARANCINI DI MANZO</b> . . . . .	<b>£3.95</b>
Deep fried balls of risotto rice mixed with a beef and pork ragu coated in breadcrumbs served with a dip	
<b>SPIEDINI DI MANZO</b> . . . . .	<b>£5.25</b>
Italian pork sausages wrapped in prime scotch beef served on skewers topped with a rich Napoli sauce	
<b>COSTOLETTE D'AGNELLO</b> . . . . .	<b>£7.25</b>
Lamb chops oven roasted with an Italian herb crust	
<b>POLLO CARDINAL</b> . . . . .	<b>£6.95</b>
Chunks of chicken breast with a cream and mushroom sauce with a secret twist to the chicken	
<b>ANATRA AL NERO</b> . . . . .	<b>£6.95</b>
Duck and Stornoway black pudding with a red currant jus	
<b>SCHIACCIATA DI POLLO</b> . . . . .	<b>£5.95</b>
½ baby chicken roasted with garlic and rosemary	
<b>FRITTATA CON PEPPERONI E PATATE</b> . . . . .	<b>£4.95</b>
Italian pepperoni sausage and sliced potato frittata	
<b>POLPETTE FORMAGGIO</b> . . . . .	<b>£4.65</b>
Italian meatballs topped with mozzarella and Napoli sauce	
<b>ALETTE DI POLLO</b> . . . . .	<b>£4.55</b>
Chicken wings oven roasted, tossed with sticky sweet sauce and jalapeño peppers	
<b>LASAGNE</b> . . . . .	<b>£4.85</b>
A classic of La Vita Spuntini pasta sheets with meatballs, Napoli and béchamel sauce	
<b>SPAGHETTI BOLOGNESE</b> . . . . .	<b>£4.25</b>
Classic pork and beef ragu served with thin long pasta	
<b>CONIGLIO CACCIATORA</b> . . . . .	<b>£6.95</b>
Rabbit cooked in a tomato and herb sauce comes mixed with potatoes	

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# PASTA E RISO

A BOWL OF PASTA PLACED IN THE MIDDLE OF THE TABLE  
(OPTION OF GLUTEN FREE £1.50 EXTRA)

- PENNETTE SALSICCIA** . . . . . £10.95  
Italian crumbled sausage and sliced pepperoni sausage pan fried with pesto and garlic tossed in a romano sauce of tomato and cream mixed with De Cecco penne pasta
- FUSILLI ROSSO (V)** . . . . . £10.95  
Red pesto and mascarpone cheese sauce served with rocket and fresh parmesan cheese mixed with twisty De Cecco pasta
- PENNETTE MIA CASA** . . . . . £11.25  
La Vita's very own best seller; chunks of chicken, broccoli, mushroom, garlic, cream and hint of chilli
- PENNETTE ARRABBIATA (v)** . . . . . £9.75  
A hot and spicy tomato sauce, cooked with chillies and fresh basil leaves
- PENNETTE DAVIDO** . . . . . £10.95  
Pan fried chunks of Italian sausage, red onion and cherry tomatoes, finished in a cream sauce
- SPAGHETTI GAMBERETTI OLIOE PEPPERONCINO** . . . . . £12.95  
king prawn pan fried in garlic, chilli and white wine and olive oil tossed in a thin long pasta
- SPAGHETTI POLPETTE** . . . . . £9.75  
Italian meat balls made to our own recipe in a rich San Marzano sugo sauce
- RISOTTO ITALIANO (PAELLA STYLE)** . . . . . £13.95  
Chicken, pepperoni, sausage, mixed pepper and fish mixed in a light tomato sauce with Italian rice
- PENNE DIAVOLO AL FORNO** . . . . . £10.95  
Spicy pepperoni sausage and sliced Italian sausage, with béchamel cheese sauce and tomato, oven baked
- PENNETTE SPUNTINI** . . . . . £10.95  
Italian sausage, pine nuts, olive oil, wild mushrooms, fresh garlic and sun dried tomatoes, finished with balsamic vinegar
- RAVIOLI RAFAEL** . . . . . £11.95  
Meat ravioli baked in a creamy pesto sauce and finished with cherry tomatoes, please try this any you'll never go on a diet again! Guaranteed.
- SPAGHETTI FRUTTI DI MARE AL POMODORO OR AL BIANCO** . £13.95  
Fresh seafood cooked in a lightly spiced tomato sauce for a delicate flavour or a white wine herb cream sauce
- SPAGHETTI COZZE** . . . . . £11.95  
West coast mussels sautéed in a spicy tomato sauce with a touch of pesto, garlic and fresh chillies, tossed with De Cecco spaghetti pasta.
- PENNETTE FORMAGGIO E BASILICO (V)** . . . . . £10.95  
Penne pasta tossed in frying pan with a Italian cheese sauce topped with a spray of pesto on top
- POLLO CARBONARA** . . . . . £13.95  
Whole supreme roasted of chicken butterflied and served on a bed of pasta noodles, topped with a rich cream sauce with bacon
- LOBSTER RAVIOLI** . . . . . £13.95  
Direct from Italy this homemade ravioli filled with lobster and served with a Napoli cream sauce with a touch of chilli to give it a little kick ,garnished with a dressed rocket salad
- FUSILLI IL LATINO** . . . . . £10.95  
Fresh smoked bacon, pine nuts, savoy cabbage, feta cheese, olive oil, garlic and finished with parmesan cheese totally wonderful and full of flavour
- RISOTTO MONTE VERDE** . . . . . £10.95  
Chunks of chicken, courgettes, spinach, garlic, parmesan cheese and cream

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## VERDURE E INSALATE

- POLENTA CHIPS WITH PARMESAN (V)** . . . . . £3.25  
Crispy polenta chips fried and sprinkled with fine flakes of parmesan
- BURRATA HAND TIED MOZZARELLA (V)** . . . . . £7.95  
Delivered from Italy every week directly to La Vita. Hand made mozzarella basket hand tied, with a soft cream released when cut open. Served with sliced cherry tomatoes and dressed with extra virgin olive oil, fresh basil, lemon zest and balsamic.
- ASPARAGI ALLA GRIGLIA (v)** . . . . . £3.95  
Grilled asparagus sprinkled with sweet balsamic and parmesan shavings
- SPEZZATINO CON OLIVE E PEPERONI (v)** . . . . . £3.95  
Italian stew with mixed peppers and olives in a basil tomato sugo
- CARCIOFI ALLA GENOVESE (v)** . . . . . £4.45  
Artichoke served with pine nuts and thick pesto dressed with parmesan shavings
- MELENZANE E ZUCCHINE PARMIGIANA (v)** . . . . . £4.95  
Aubergine and courgette layered with mozzarella, tomato and grated parmesan oven roasted
- INSALATA DI CESARE** . . . . . £4.25  
Italian caesar salad with egg, anchovy, garlic, croutons and caesar dressing
- RUGOLA E PARMIGIANO (v)** . . . . . £3.95  
Rocket salad marinated with olive oil and chilli topped with parmesan shavings and balsamic
- PATATE ARROSTO (v)** Roast potatoes with herbs tossed in a garlic Napoli sauce . . . . . £3.25
- ARANCINI FORMAGGIO (v)** . . . . . £3.95  
Deep fried balls of risotto rice and Napoli sauce stuffed with mozzarella cheese coated in breadcrumbs served with dip
- INSALATA MISTE (v)** Italian mixed salad with our own house dressing . . . . . £3.25
- FRENCH FRIES (v)** Thin cut potato chips deep fried in vegetable oil . . . . . £3.25
- CROQUETTES ITALIANO (v)** . . . . . £3.45  
Home made potato croquettes with cheese from Italy served with a spicy tomato dip. Truly fantastic!
- MOZZARELLA STICKS (v)** . . . . . £3.95  
Mozzarella sticks breaded deep fried served with a garlic and pesto dip

## PESCE E FRUTTI DI MARE

- CALAMARI FRITTI** . . . . . £4.85  
Squid rings tossed in seasoned flour deep fried and served with a wedge of fresh lemon and garlic mayonnaise dip
- CODA DI ROSPO E CALAMARETTI** . . . . . £5.95  
Baked monkfish and baby squid with tomato and touch of chilli sugo sauce
- CACCIUCCO** . . . . . £5.95  
Mixed seafood Italian stew slowly cooked in a San Marzano sauce with fresh basil and red chilli
- SPIEDINI DI PESCE** . . . . . £5.95  
Seafood skewers cooked in an Italian char grill flame oven
- COZZE VAPORE** (please allow 15mins to cook). . . . . £4.95  
Fresh west coast mussels in a traditional Italian tomato herb sauce or white wine cream sauce with chilli
- HOT CHILLI GAMBERETTI** . . . . . £7.45  
King prawns in a chilli garlic lemon juice and spring onions served on a bed of home made toast



# ANTIPASTO

FOR TWO SHARING

CROSTINI MISTO ..... £11.95

Selection of mixed crostini flame roasted, tomato bruschetta, salami spread and mozzarella, quattro formaggio, bruschetta peperonata, crostini di fegato

MIXED PANE E OLIVE (v). ..... £4.25

Thick home made focaccia and Italian bread slices served with the best kalamata black olives and nocellara green olives, served with balsamic and extra virgin olive oil dip

## CROSTINI, BRUSCHETTA, PANE E SUPPA

PANE (v) ..... £1.85

Italian bread sliced served with extra virgin olive oil and balsamic vinegar

PANE DI AGLIO (v) ..... £2.95

Garlic bread toasted like mamma used to make

PIZZETTE FOCACCIA (v) ..... £3.85

Pizza base brushed with olive oil, garlic and rosemary and pesto with a tomato sugo dip

MINISTRONE (v) ..... £3.55

Fresh vegetables in a traditional Italian soup

ZUPPA DEL GIORNO (v) Chef's soup of the day ..... £3.55

BRUSCHETTA (v) ..... £2.95

Toasted Italian homemade bread drizzled with garlic, olive oil, fresh basil and topped with tomatoes

BRUSCHETTA PEPERONATA (v) ..... £3.25

Toasted Italian homemade bread, topped with roasted mixed peppers infused in olive oil and garlic

CROSTINI DI FEGATO ..... £4.35

Crusty oven bread toasted topped with mushrooms and finished with chicken liver pate on top, served warm

CROSTINI QUATTRO FORMAGGI (v) ..... £3.95

Toasted oven baked bread topped with a mixture of 4 Italian cheeses baked in our wood stone oven

CROSTINI PICCANTE. .... £4.65

Crusty home made Italian bread topped with very spicy salami spread and mozzarella cheese, flame roasted in our wood stone pizza oven